

28th Annual Southeast Woman to Woman Conference

“Secrets Women Don’t Share”

Charlotte, NC

August 16-18, 2024



PROGRAM SCHEDULE

ACRONYM KEYS:

BIPOC = Black, Indigenous, and People of Color

LGBTQIA+ = Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, Intersex, and Asexual +

NCYPAA = North Carolina Young People in AA

Accessibility seating is in designated rows with seat signs placed in the seat. Please respect this.

Badges must be worn at all times! You will be charged \$50 for a replacement badge.

B & C's Sober Voices will be professionally recording all of this weekend's speakers, including the Pre-Conference Thursday workshops and AA speaker. Bob is located in the Prefunction area.

- Complete sets of CD's, Flash Drive or downloads, (11 total) \$55
- Set of speakers which will include Thursday night (6 total) \$40
- Individual talks \$8 each
- For complete sets, please pre-order ASAP
- Pre-ordered sets will be available for pick up after the close of meeting on Sunday or can be mailed with an additional charge for postage.

Complimentary Breakfast will be for Hilton hotel guests only and will be served *Saturday and Sunday* morning from 7:30 am until 9:00 am in the *University Ballroom*. You must present the meal ticket you received at the Registration window when you picked up your packet.

Harris Room open 24 hours and is where the “Secrets Women Don’t Share”

meetings will be from 10:30 pm to 4:30 am. We will have flameless candles in the room in the event anyone wants a candlelight meeting!

Hospitality rooms (Burnham and Olmstead) will be closed during Speaker Meetings.

Lost and Found is located at the Souvenirs Window.

Raffles and 50/50 are located in the Gallery Area. (near Burnham and Olmstead Hospitality rooms)

Registration will be closed during Speaker Meetings.

Rest Rooms by Midway and University will be all Ladies Friday to Sunday. Signs will be posted.

Smoking is permitted in designated area only — Lower Level on Dock Area. Please do not smoke in any other areas. Thank you

FRIDAY - AUGUST 16TH

General

- 7:30 am - 8:15 am** Guided Meditation – Heather A. – Lakeview (Lower Level)
- 8:00 am – 4:00 pm** Hospitality Rooms Open – Burnham and Olmstead (Lower Level)
- 8:00 am – 7:30 pm** Registration / Souvenirs Open - Midway Room (Lower Level)
- 8:00 am - 6:00 pm** Raffles and 50/50 Open - Gallery Area (near Burnham and Olmstead Hospitality rooms)
- 10:30 pm - 4:30 am** “*Secrets Women Don't Share*” - Doreen K. (Harris Room)

Workshops & Meetings

10:00 am - 10:55 am

- Lakeshore 1: Step 1 - Fyniss N.
- Lakeshore 2: Sponsorship – Donna H.
- Lakeshore 3: Relapse Prevention - Diane M.
- Lakeshore 4: The Benefits of BIPOC Sponsorship - Vera F.
- Walden: Replacing Alcohol with Sex - Candice W.
- Lakeview: Upon Awakening - Brenda M.

Harris:

WAITING ROOM FOR HOTEL CHECK IN

11:00 am – 11:55 am

Lakeshore 1: Step 2 - Tina B.
Lakeshore 2: Forgiveness - Jewel W.
Lakeshore 3: Finding Peace in Resentment - Ruth B.
Lakeshore 4: Grieving in Sobriety - JaTonya S.
Walden: Al-Anon: Free to be the Authentic Me - Marcia E.

Harris: **WAITING ROOM FOR HOTEL CHECK IN**

12:00 pm - 12:30 pm

University Ballroom: Conference Kickoff – Nettie H., Betty G., and Lisanne S.

12:30 pm – 2:00 pm Lunch on your own

2:00 pm - 2:55 pm

Lakeshore 1: Step 3 - Livie S.
Lakeshore 2: Emotional Sobriety - Cheryl C.
Lakeshore 3: There's A Solution - Carolyn P.
Lakeshore 4: Relationships in AA – NCYPAA – Hannah H.
Walden: Illness in Sobriety - Joan R.

Harris: **WAITING ROOM FOR HOTEL CHECK IN**

2:00 pm – 3:30 pm

Lakeview Room: Veterans and Active Military in AA – Pam B., Amy H., & Anna B.

3:00 pm – 3:55 pm

Lakeshore 1: Step 4 – Cody F.
Lakeshore 2: Our 3 Legacies of AA - NC Area 51 Past Delegates – Katy P., Rachel M.
Lakeshore 3: The History of Gay People in AA and Our Experiences – Vera F.

Lakeshore 4: **TECHNICAL EQUIPMENT FOR VIDEO FEED.**

Glenwaters: It Begins and Ends With ... - Carol C.
Walden: Al-Anon: Mother/Daughter - Pam B.

Harris: **WAITING ROOM FOR HOTEL CHECK IN**

4:00 pm – 5:45 pm

University Ballroom: Meet & Greet Reception
UNIVERSITY BALLROOM

Lakeshore 1-4:	OVERFLOW FOR SPEAKER MEETINGS
6:00 pm – 6:30 pm	Nettie H., Voice of the Conference introduce Betty G., Chair 28 th SEW2W Conference and Candice D., Chair of SEW2W -
6:30 pm – 7:00 pm	Loosen Up with Tina C. and Valeria O.
7:15 pm - 7:40 pm	Voice of the Conference - Nettie H.
7:40 pm - 7:55 pm	Meeting Chair – Debra L., and Readers
7:55 pm - 9:00 pm	Ali S. Introduces Speaker: Pat B., Aiken, SC
9:30 pm - 10:30 pm	Rule 62: Fellowship Feud

HARRIS ROOM

10:30 pm - 11:30 pm	Intimacy - Kymberly F.
11:30 pm - 4:30 am	<i>“Secrets Women Don't Share”</i> – Doreen K.

SATURDAY - AUGUST 17TH

General

7:30 am - 8:15 am	Guided Meditation – Yolanda G. (Lakeview - Lower Level)
7:30 am - 9:00 am	Breakfast Buffet for Hotel Guests in University Ballroom
8:00 am – 1:00 pm	Registration / Souvenirs (Midway - Lower Level)
8:00 am - 1:00 pm	Raffles and 50/50 Open - Gallery Area. (near Burnham and Olmstead Hospitality rooms)
3:30 pm – 4:30 pm	
9:00 am – 1:00 pm	Hospitality Rooms Open (Burnham and Olmstead Lower Level)
3:30 pm – 5:00 pm	
10:00 am – 2:00 pm	Tour - Levine Museum of the New South - Meet Lorraine C. in Lobby
11:00 am – 12:45 pm	Southeast Woman to Woman bid for 2026 (Glenwaters)
10:30 pm - 4:30 am	<i>“Secrets Women Don't Share”</i> - Doreen K. (Harris Room Lobby Level)

Workshops & Meetings

9:00 am - 9:55 am

Lakeshore 1:	Step 5 - Karen W.
Lakeshore 2:	Steps 6 & 7 - Rona M., Michelle Z.
Lakeshore 3:	Incomprehensible Demoralization - Lauren G.
Lakeshore 4:	Definition of your H.P. - Tina Marie C.

Walden: Is Al-Anon Right for Me? - Candy S., Angela E., & Amy H.

Harris: OPEN – Check with Betty G. or Andromeda F. if you want to reserve the Harris Room for a meeting.

10:00 am - 10:55 am

Lakeshore 1: Steps 8 and 9 - Stephanie M.

Lakeshore 2: Bat Shit Crazy – Denise W.

Lakeshore 3: Hearing the Message from Behind the Walls, and Why Corrections? - Tammy Z., Stacy C., Victoria H., & Jennifer M.

Lakeshore 4: Acceptance in Sobriety – Evelyn W.

Walden: MANTENERSE SOBRIO EN CUALQUIER CIRCUNSTANCIA - Staying Sober Under Any and All Conditions - Denise C.

Harris: OPEN – Check with Betty G. or Andromeda F. if you want to reserve the Harris Room for a meeting.

11:00 am - 11:55 am

Lakeshore 1: Step 10 - Val Y.

Lakeshore 2: Step 11 - Debra L.

Lakeshore 3: Applications of the Concepts from the BIPOC experience
Panelists- Kesho S. & Olis S.

Lakeshore 4: Sober Sex NCYPAA - Tory J.

Walden: Corrections: Carrying the Message Behind the Walls – Selena O., Victoria H., Jennifer R., & Jennifer M.

Harris: Tina C.- Practice: Voices from the Conference 2024

UNIVERSITY BALLROOM

1:00 pm – 2:00 pm Al-Anon Speaker: Rosemary D., Cape May, NJ

2:15 pm - 3:30 pm Old Timers “Ask It Basket” - Lenore R. and Love G.
Barri B., Los Angeles, CA
Doris H., Rosedale, NY
Khadijah A., Kennesaw, GA
Tami B., Stanfield, NC

4:00 pm - 4:55 pm

- Lakeshore 1: Step 12 - Roberta R.
Lakeshore 2: But ... I've Never Been Arrested – Jennifer R., Shay P. & Kim M.
Lakeshore 3: Seeking Professional Help – Debbie G.
Lakeshore 4: Spiritual Experience: Appendices II – Debra M.
Walden: Is This A Safe Place to Recover LGBTQIA+ – Carmen R. & Rachel S.
Harris: OPEN – Check with Betty G. or Andromeda F. if you want to reserve for a meeting.

5:00 pm - 5:55 pm

- Lakeshore 1: Living in the Promises – Tiffany K.
Lakeshore 2: In The Beginning - Kim P.
Lakeshore 3: From Treatment to Sobriety – Della M.
Lakeshore 4: **TECHNICAL EQUIPMENT FOR VIDEO FEED.**
Walden: Bedevilments – Tracey C.
Glenwaters: Resentments, Our Number One Offender – Kimberly P.
Harris: OPEN – Check with Betty G. or Andromeda F. if you want to reserve for a meeting.

5:30 pm - 7:15 pm

- University Ballroom Queens' Buffet Banquet – For ticket holders only

6:00 pm - 6:55 pm

- Lakeshore 1: Replacing Alcohol with Sex - Rachel M.
Lakeshore 2: Emotional Hangover - Mariah E.

UNIVERSITY BALLROOM

- Lakeshore 1-4: OVERFLOW FOR SPEAKER MEETINGS

- 7:15 pm - 7:45 pm 50/50 Winner Announced; Voice of the Conference, States Roll Call, Sobriety Countdown

- 7:45 pm - 8:00 pm Advisory Board Chair, Candice D.– Introduce Advisory Board Members, announces 2025 and 2026 Cities; Virginia Beach Chair Invitation to Pre-Register after Speaker Meeting Tonight

8:00 pm - 9:15 pm Meeting Chair - Gloria B., and Readers
Dianne H. introduces Speaker: **Beth H., Myrtle Beach, SC**

9:30 pm - 12:00 am Queens' Ball with Gowns, Crowns & Tiaras - DJ Renee

HARRIS ROOM (LOBBY LEVEL)

10:30 pm - 11:30 pm Let's Talk About Those 13 Steppers – Betty G.

11:30 pm - 4:30 am “*Secrets Women Don't Share*” - Doreen K.

SUNDAY- AUGUST 18TH

7:30 am - 8:15 am Guided Meditation - Brenda M. (Lakeview - Lower Level)-

UNIVERSITY BALLROOM

7:30 am - 9:00 am Breakfast Buffet for Hotel Guests in University Ballroom

9:15 am – 9:30 am Thank you - Nettie H. - Voice of the Conference
Meeting Chair, Denise C. and readers

9:30 am - 10:30 am Cindy S. Introduces Speaker: **Lynette D., Washington, DC**

10:30 am - 11:00 am A Vision for You - Betty G.
Amazing Grace – Sung by “Voices from the Conference - 2024”

Lord's Prayer - All

See you in Virginia Beach, VA 2025



12:00 pm Check Out of Hotel



*The Planning Committee for the
28th Annual
Southeast Woman to Woman Conference
August 16-18, 2024
Charlotte, North Carolina*

Ali S.	Webmaster; Registration; & Rule 62 Fellowship Feud
Amy H.	Chair - Al-Anon Meetings Program
Andromedia F.	Asst. to the Chair; Volunteer Coordinator; & Floater
Betty G.	Chair; Hotel Liaison; & Floater
Brenda F.	Chair - Hospitality
Brenda M.	Chair - Banquet Seating
Charlene I.	Secretary for Conference 2024
Cheryl C.	Assistant Treasurer
Cindy S.	Chair - 50/50 & Raffles
Claudia H.	Chair - Registration
Debbie G.	Chair - Decorations, Solutions & Lost/Found; Co-Chair Souvenirs; & Floater
Debra L.	Chair - Workshop Selections; Accessibility
Denise C.	Chair - Latino Community Outreach
Donna H.	Chair - Greeters
Hannah H.	Co-Chair, NCYPAA
Jeannette D.	Chair - Souvenirs
Joanne S.	Co-Chair - Hospitality
Kesho S.	Chair - BIPOC
Lenore R.	Chair - Conference Speakers Selection
Lisanne S.	Co-Chair; Treasurer; & Floater
Lorraine C.	Tour Coordinator
Love G.	Co-Chair - Conference Speakers Selection
Nettie H.	Voice of Conference; Chair - Veterans and Active Military
Pam B.	Co-Chair - Al-Anon Meetings Program
Ramona H.	Co-Chair - 50/50 Raffles; Sobriety Countdown
Stacy C.	Chair - Corrections Meetings
Tina C.	Chair - Entertainment; Rule 62 Fellowship Feud
Tory J.	Chair - NCYPAA
Valerie M.	Hotel Coffee Monitor
Valeria O.	Co-Chair - Entertainment
Victoria H.	Co-Chair - Corrections Meetings

Just For Today

I will gather the courage to do what is right and take responsibility for my own actions. I will expect nothing from the world, yet I realize that as I give to the world, the world will give to me

PREVIOUS LOCATIONS

1. 1993 Richmond, VA
2. 1994 Williamsburg, VA
3. 1995 Orlando, FL
4. 1996 Clearwater, FL
5. 1997 Richmond, VA
6. 1998 Norfolk, VA
7. 1999 Atlanta, GA
8. 2000 Dothan, AL
9. 2001 Ocala, FL
10. 2002 Covington, LA
11. 2006 Hampton, VA
12. 2007 Jacksonville, FL
13. 2008 Savannah, GA
14. 2009 Charlotte, NC
15. 2010 Charleston, SC
16. 2011 Naples, FL
17. 2012 Delray Beach, FL
18. 2013 Hampton, VA
19. 2014 Myrtle Beach, SC
20. 2015 Metairie, LA
21. 2016 Asheville, NC
22. 2017 Daytona Beach, FL
23. 2018 Charleston, WV
24. 2019 Orlando, FL
25. 2021 Richmond, VA (Virtual)
26. 2022 Atlanta, GA (Virtual)
27. 2023 Summerville, SC
28. 2024 Charlotte, NC

As we go through the day we pause, when agitated or doubtful, and ask for the right thought or action. We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day "Thy will be done." We are then in much less danger of excitement, fear, anger, worry, self-pity, or foolish decisions. We become much more efficient. We do not tire so easily, for we are not burning up energy foolishly as we did when we were trying to arrange life to suit ourselves. It works - it really does.

Big Book, pages 87-88



SOUTHEAST WOMAN TO WOMAN ADVISORY BOARD MEMBERS

Candice D., Chair
Flo D-C., Co-Chair
Tina C., Treasurer
Gloria B. Alt. Treasurer
Angela S., Secretary
Vivian J., Archivist
Annette M.
Jeannette D.
Veronica S.

A Sincere Thank You From



Betty G. – Charlotte Chair
Lisanne S. – Charlotte Co-Chair & Treasurer
and
The Planning Committee for the
28th Annual SEWTW Conference

LOWER LEVEL

LOBBY LEVEL

